

Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/03/2025																
HS BIC BREAKFAST	Total	4925														
Mini Donuts, Wh Gr Chocolate	1 each	4925	300	0	290	3.00	1.08	20.0	100	0.0	20	5.0	39.0	13.0	8.00	0.00
Juice, Wildberry, 4oz, 2024	Each(4oz)	4925	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
BANANAS	1 EACH	2462	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	662	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4263	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			525	6	507	4.31	1.21	442.7	3065	34.39	60	13.68	84.72	13.50	8.26	0.00
% of Calories											45.3%	10.4%	64.6%	23.1%	14.2%	0.0%
Nutrient Guideline			450-600		640											<10.00

Tue - 02/04/2025																
HS BIC BREAKFAST	Total	3988														
PAN DULCE (STRAW.)	1 EACH	3988	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	3988	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1994	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	356	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3632	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			390	11	310	2.21	1.87	256.6	1018	30.92	45	13.23	72.41	6.30	1.66	0.00
% of Calories											46.4%	13.6%	74.2%	14.5%	3.8%	0.0%
Nutrient Guideline			450-600		640											<10.00

Wed - 02/05/2025																
HS BIC BREAKFAST	Total	4155														
Cinnamon Swirls, WG 2024	Serving	4155	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	4155	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Craisins 2020	Serv.(1/2 Cup)	2077	187	0	3	3.21	0.24	5.5	28	0.12	44	0.1	50.18	0.66	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	412	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3743	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			568	16	344	4.60	0.48	727.3	1064	30.06	76 53.8%	15.15 10.7%	106.46 75.0%	9.57 15.2%	2.67 4.2%	0.00 0.0%
Nutrient Guideline			450-600		640											<10.00

Thu - 02/06/2025																
HS BIC BREAKFAST	Total	5825														
DOUBLE CHOC. BAR- 2017	EACH(2G)	5825	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
Juice, Wildberry, 4oz, 2024	Each(4oz)	5825	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES, FRESH	Serving	722	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	675	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5150	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			461	6	448	5.37	2.73	445.1	3189	35.56	57 49.1%	13.28 11.5%	85.08 73.8%	8.35 16.3%	2.68 5.2%	0.00 0.0%
Nutrient Guideline			450-600		640											<10.00

Fri - 02/07/2025																
HS BIC BREAKFAST	Total	5750														
Cluster Brk, Whole Grain '22	1 EACH	5750	260	0	190	3.00	2.70	80.0	70	0.0	14	5.0	38.0	10.0	2.50	0.00
Orange juice, DW, 4oz. 2024	EACH(4 oz)	5750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
APPLES, Fresh sliced '23 2oz	pkg. (2oz)	2875	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK, 1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK, NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			452	6	406	4.00	2.79	314.6	1130	91.80	49 43.7%	14.13 12.5%	75.22 66.6%	10.33 20.8%	2.70 5.4%	0.00 0.0%
Nutrient Guideline			450-600		640											<10.00

Weighted Average			479	9	403	4.10	1.82	437.3	1893	44.55	57 107.9%	13.90 11.6%	84.78 70.8%	9.61 18.0%	3.59 6.7%	0.00 0.0%
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Rialto Unified School District

Feb 3, 2025 thru Feb 7, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)									
Calories	479		450 - 600	100%													
Cholesterol (mg)	9																
Sodium 1 (mg)	403		640	63%													
Fiber (g)	4.10																
Iron (mg)	1.82																
Calcium (mg)	437.3																
Vitamin A (IU)	1893																
Sugars (g)	57	47.94%															
Vitamin C (mg)	44.55																
Protein (g)	13.90	11.60%															
Carbohydrate (g)	84.78	70.75%															
Total Fat (g)	9.61	18.05%															
Saturated Fat (g)	3.59	6.75%															
Trans Fat ¹ (g)	0.00	0.00%															
			<10.00%														

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Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/10/2025																
HS BIC BREAKFAST HOLIDAY	Total SERVING	1														
Weighted Daily Average % of Calories		1	0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			450-600		640						0.0%	0.0%	0.0%	0.0%		<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/11/2025																
HS BIC BREAKFAST Waffles, Vanilla	Total pkg	5750														
Orange juice, DW, 4oz.2024	EACH(4 oz)	5750	271	17	226	2.26	0.00	9.0	68	0.0	14	5.65	37.27	10.17	2.82	0.00
APPLES,Fresh sliced '23 2oz	pkg. (2oz)	2875	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	34	0	0	2.00	0.18	10.0	50	123.6	8	0.0	8.0	0.0	0.00	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			463	23	442	3.26	0.09	243.6	1128	91.80	49	14.78	74.49	10.49	3.02	0.00
Nutrient Guideline			450-600		640						42.2%	12.8%	64.3%	20.4%	5.9%	0.0%

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/12/2025																
HS BIC BREAKFAST CEREAL,MALT-O,Marsh-Mateys'24	Total BOWL (2 oz.)	3265														
Juice, Wildberry, 4oz, 2024	Each(4oz)	3265	210	0	380	3.00	18.00	200.0	1000	12.0	23	4.0	47.0	2.0	0.00	0.00
BANANAS	1 EACH	1632	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	225	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3040	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
Weighted Daily Average % of Calories			435	6	601	4.31	18.13	612.9	3998	46.39	63	12.62	93.12	2.34	0.16	0.00
Nutrient Guideline			450-600		640						57.8%	11.6%	85.6%	4.8%	0.3%	0.0%

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Rialto Unified School District

Feb 10, 2025 thru Feb 14, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/13/2025																
HS BIC BREAKFAST	Total	4155														
FRENCH TST Mini Cinna '23	SERV	4155	220	115	330	3.00	1.80	80.0	193	3.6	8	9.0	30.0	8.0	1.50	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	4155	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	2077	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	412	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3743	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			440	121	551	4.51	1.93	325.9	1715	56.02	50	17.78	75.61	8.51	1.68	0.00
% of Calories											45.9%	16.2%	68.8%	17.4%	3.4%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Fri - 02/14/2025																
HS BIC BREAKFAST	Total	5788														
BREAD,CHAMELEON,peach, 2017	1 EACH	5788	251	50	226	2.38	1.35	27.1	203	0.97	*31	4.18	47.74	5.45	0.70	*0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	5788	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Crisps, Apple-Strawberry '22	BAG (0.34 oz)	1625	39	0	0	1.93	0.00	0.0	34	0.0	7	0.0	9.64	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	622	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5163	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			437	56	444	2.92	1.35	253.1	1259	30.97	*65	13.28	83.79	5.72	0.86	*0.00
% of Calories											*59.4%	12.2%	76.7%	11.8%	1.8%	*0.0%
Nutrient Guideline			450-600		640										<10.00	

Weighted Average			444	52	509	3.75	5.37	358.9	2025	56.30	*57	14.61	81.75	6.77	1.43	*0.00
											*115.2	13.2%	73.7%	13.7%	2.9%	*0.0%

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Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	444			450 - 600	99%			6										Correction Required - Calories are Low
Cholesterol (mg)	52																	
Sodium 1 (mg)	509			640	80%													
Fiber (g)	3.75																	
Iron (mg)	5.37																	
Calcium (mg)	358.9																	
Vitamin A (IU)	2025																	
Sugars (g)	57	51.18%				Missing												
Vitamin C (mg)	56.30																	
Protein (g)	14.61	13.18%																
Carbohydrate (g)	81.75	73.72%																
Total Fat (g)	6.77	13.73%																
Saturated Fat (g)	1.43	2.90%		<10.00%														
Trans Fat ¹ (g)	0.00	0.00%				Missing												

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/17/2025																
HS BIC BREAKFAST HOLIDAY	Total SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0.00	0	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline			450-600		640						0.0%	0.0%	0.0%	0.0%	0.0%	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/18/2025																
HS BIC BREAKFAST	Total	4925														
Uncrustable, Grape Wh, Che-2016	1 each	4925	300	0	280	4.00	0.18	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
Juice, Wildberry, 4oz, 2024	Each(4oz)	4925	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
Craisins, Watermelon	serv. (1.1 6 oz)	2462	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	662	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	4263	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			535	6	497	5.50	0.18	680.2	2993	30.00	59	17.13	80.19	17.34	3.20	0.00
Nutrient Guideline			450-600		640						44.4%	12.8%	60.0%	29.2%	5.4%	<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/19/2025																
HS BIC BREAKFAST	Total	5750														
Cinnamon Swirls, WG 2024	Serving	5750	300	10	125	3.00	0.36	499.7	0	0.0	22	6.0	47.97	8.99	2.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	5750	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
APPLES,Fresh sliced '23 2oz	pkg. (2oz)	2875	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	750	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5000	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			492	16	341	4.00	0.45	734.3	1060	91.80	57	15.13	85.19	9.32	2.69	0.00
Nutrient Guideline			450-600		640						46.6%	12.3%	69.3%	17.1%	4.9%	<10.00

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Rialto Unified School District

Feb 17, 2025 thru Feb 21, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/20/2025																
HS BIC BREAKFAST	Total	4155														
Waffles, Mini Maple 2017	pkg	4155	210	0	170	3.00	0.72	20.0	65	0.0	13	4.0	38.0	6.0	1.00	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	4155	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	2077	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	412	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3743	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			430	6	391	4.51	0.85	265.9	1587	52.42	55	12.78	83.61	6.51	1.18	0.00
% of Calories											51.6%	11.9%	77.9%	13.6%	2.5%	0.0%
Nutrient Guideline			450-600		640										<10.00	

Fri - 02/21/2025																
HS BIC BREAKFAST	Total	3988														
Croissant ,Egg, & Cheese-'24	Sandwich	3988	292	128	667	2.00	2.16	249.6	*160	*0.0	4	11.55	30.86	14.32	6.06	0.16
Orange juice, DW, 4oz.2024	EACH(4 oz)	3988	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1994	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	356	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3632	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			482	134	886	2.20	2.23	476.2	*1239	*30.92	41	20.79	68.26	14.63	6.22	0.16
% of Calories											33.7%	17.2%	56.6%	27.3%	11.6%	0.3%
Nutrient Guideline			450-600		640										<10.00	

Weighted Average			485	41	529	4.05	0.93	539.2	*1720	*51.29	53	16.46	79.31	11.95	3.32	0.04
											98.7%	13.6%	65.5%	22.2%	6.2%	0.1%

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg) Miss Data	Sodm (mg) Shortfall	Fiber (g) Overage	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)	Error Messages (if any)
Calories	485		450 - 600	100%														
Cholesterol (mg)	41																	
Sodium 1 (mg)	529		640	83%														
Fiber (g)	4.05																	
Iron (mg)	0.93																	
Calcium (mg)	539.2																	
Vitamin A (IU)	1720				Missing													
Sugars (g)	53	43.88%																
Vitamin C (mg)	51.29				Missing													
Protein (g)	16.46	13.58%																
Carbohydrate (g)	79.31	65.45%																
Total Fat (g)	11.95	22.19%																
Saturated Fat (g)	3.32		<10.00%															
Trans Fat ¹ (g)	0.04	0.08%																

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 02/24/2025																
HS BIC BREAKFAST	Total	5231														
Concha, WG PINK-'24	Each(2G)	6155	200	5	90	2.00	1.80	40.0	40	0.0	8	5.0	34.0	6.0	1.50	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz)	6155	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
BANANAS	1 EACH	1622	90	0	1	2.63	0.26	5.1	65	8.79	12	1.1	23.07	0.33	0.11	0.00
MILK,1% DW 2024	EACH(1/2 pint)	575	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5580	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			469	13	363	3.17	2.20	312.2	1306	38.02	52	16.92	86.50	7.44	1.97	0.00
% of Calories											43.9%	14.4%	73.8%	14.3%	3.8%	0.0%
Nutrient Guideline			450-600		640											<10.00

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/25/2025																
HS BIC BREAKFAST	Total	5788														
Cinnis, Mini 2.29oz 2017	pkg(2G)	5788	240	0	270	2.00	1.44	40.0	75	0.0	15	5.0	39.0	7.0	1.50	0.00
Juice, Wildberry, 4oz, 2024	Each(4oz)	5788	60	0	15	0.00	0.00	200.0	2000	30.0	15	0.0	15.0	0.0	0.00	0.00
GRAPES,Fresh PKG '23	serv.(1/2 cup)	1625	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	0.00
MILK,1% DW 2024	EACH(1/2 pint)	622	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5163	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			429	6	489	2.12	1.48	457.8	3034	30.52	51	13.18	75.56	7.31	1.68	0.00
% of Calories											47.2%	12.3%	70.5%	15.4%	3.5%	0.0%
Nutrient Guideline			450-600		640											<10.00

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/26/2025																
HS BIC BREAKFAST	Total	4425														
UBR - BRKFST CINN ROUND 2 020	EACH(2G)	4425	280	5	190	6.29	0.68	29.8	8	0.01	19	5.0	44.0	8.0	3.00	0.00
Orange juice, DW, 4oz.2024	EACH(4 oz serv. (1.1 6 oz)	4425	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
Craisins, Watermelon		1625	110	0	0	3.00	0.00	0.0	120	0.0	24	0.0	28.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	575	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3850	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			495	11	406	7.39	0.68	259.3	1087	30.01	60 48.6%	14.13 11.4%	87.50 70.7%	8.32 15.1%	3.19 5.8%	0.00 0.0%
Nutrient Guideline			450-600		640											<10.00

Thu - 02/27/2025																
HS BIC BREAKFAST	Total	5825														
DOUBLE CHOC. BAR- 2017	EACH(2G)	5825	270	0	230	5.00	2.70	20.0	105	0.0	21	5.0	48.0	8.0	2.50	0.00
Juice, apple 4oz. DW-2024	Each(4oz)	5825	55	0	15	0.00	0.00	0.0	0	30.0	15	0.0	15.0	0.0	0.00	0.00
TANGERINES,FRESH	Serving	722	89	0	3	3.02	0.25	62.2	1144	44.86	18	1.36	22.41	0.52	0.07	0.00
MILK,1% DW 2024	EACH(1/2 pint)	675	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	5150	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			456	6	448	5.37	2.73	245.1	1189	35.56	57 49.7%	13.28 11.7%	85.08 74.6%	8.35 16.5%	2.68 5.3%	0.00 0.0%
Nutrient Guideline			450-600		640											<10.00

Fri - 02/28/2025																
HS BIC BREAKFAST	Total	3344														
BREAD,BANANA 2023	1 EACH	4226	329	39	170	3.91	1.14	28.0	87	4.04	*29	4.56	49.55	14.45	1.37	*0.00
Orange juice, DW, 4oz.2024	EACH(4 oz	4226	55	0	14	0.00	0.00	10.0	100	30.0	14	1.0	14.0	0.0	0.00	0.00
APPLES,Fresh sliced '23 2oz	pkg. (2oz)	1855	34	0	0	2.00	0.18	10.0	50	123.6	6	0.0	8.0	0.0	0.00	0.00
MILK,1% DW 2024	EACH(1/2 pint)	688	120	15	150	0.00	0.00	350.0	500	0.0	14	9.0	14.0	2.5	1.50	0.00
MILK,NF Chocolate DW 2024	EACH (1/2 pint)	3538	120	5	210	0.00	0.00	200.0	1000	0.0	19	8.0	20.0	0.0	0.00	0.00

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Rialto Unified School District

Feb 24, 2025 thru Feb 28, 2025

Base Menu Spreadsheet

HS BIC BREAKFAST

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average			656	58	486	6.05	1.54	337.1	1425	111.59	*81	17.34	108.79	18.77	2.04	*0.01
% of Calories											*49.1%	10.6%	66.3%	25.7%	2.8%	*0.0%
Nutrient Guideline			450-600		640											<10.00

Weighted Average			501	19	439	4.82	1.73	322.3	1608	49.14	*60	14.97	88.69	10.04	2.31	*0.00
											*107.6	12.0%	70.8%	18.0%	4.2%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	501		450 - 600	100%				
Cholesterol (mg)	19							
Sodium 1 (mg)	439		640	69%				
Fiber (g)	4.82							
Iron (mg)	1.73							
Calcium (mg)	322.3							
Vitamin A (IU)	1608							
Sugars (g)	60	47.82%			Missing			
Vitamin C (mg)	49.14							
Protein (g)	14.97	11.95%						
Carbohydrate (g)	88.69	70.79%						
Total Fat (g)	10.04	18.03%						
Saturated Fat (g)	2.31	4.15%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%			Missing			

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